Compare Nicotine Content Of Cigars, Cigarettes

"Thirty cigarettes, weighing about one ounce and containing about 2 per cent nicotine is the tobacco mixture for smoking, will furnish a like amount of nicotine as six cigars weighing about 6 ounces and containing 2 per cent nicotine," the report says in part.

The nicotine content of the smoke that is expected to appear in the puffed smoke, though the figure may vary greatly, depending on the manner of smoking, the Journal said. "Only about 20 per cent of the nicotine escapes in the exhaled smoke after ten puffs as compared with 80 per cent from simple puffing," the article said, but in either case the nicotine not to be deposited in the mouth or air passages. Accordingly, the report said, the number of cigarettes required to yield about the same amount of nicotine absorption as we get from cigars.

Since either cigarettes or cigars may vary greatly in the amount of nicotine they deliver, and the latter especially may vary greatly in size and shape, and in the widely different rates and with the unloading of smoke, different individuals of the smoke in the mouth, it is impossible to state the required mouth caution. Moreover, mouth nicotine may be absorbed from cigarettes and cigars alike by the user who chews or sucks as he smokes, and may be absorbed by the user who draws or sucks as he smokes, and may be absorbed by the user who draws or sucks as he smokes, and may be absorbed by the user who draws